

## About the Cambridge Muslim Community Services

Assalaamu-alaikum wa rahmatullah.

The Cambridge Muslim Community Services (CMCS) is a Muslim charitable organisation providing support and information to the local Muslim community in Cambridge. The purpose of the CMCS is to:

- ◆ Publicise and promote the many excellent services that already exist in Cambridge such as the Islamic school, Youth Groups etc.
- ◆ Identify services and support that is lacking in the Muslim community
- ◆ Work with other groups and organisations in order to help provide services and support that is lacking in the Muslim community
- ◆ Promote local Muslim businesses
- ◆ Provide on-line information services via the internet and e-mail

CMCS is not funded, backed or supported by any government or institution. We are a local organisation run by local Muslims. We are funded entirely from voluntary donations by local Muslims. All our members are voluntary workers and offer their valuable help and assistance for free.

[www.CambridgeMuslims.info](http://www.CambridgeMuslims.info)

### ► Sisters' Coffee Afternoon

Takes place at the upstairs seating area in the Grafton Centre on the first Wednesday of each month anytime between 2.00pm and 4.00pm.

Please come along and make contact with other sisters and hear what's going on in Cambridge. Children welcome, but please bring toys to amuse them! Contact Sr. Sheridan for more information at [Services@CambridgeMuslims.info](mailto:Services@CambridgeMuslims.info)



### ► Horse Riding Trips in the Countryside

Suitable for both beginners and more experienced riders alike. Cost is £16 per hour. Transport available from Mill Rd. Book early to avoid disappointment.

Email [Services@CambridgeMuslims.info](mailto:Services@CambridgeMuslims.info)



#### Prayer Time-Table

<http://www.CambridgeMuslims.info/Islam/Prayer/>

#### Diary & Events

<http://www.CambridgeMuslims.info/Events/>

#### Islamic Services

<http://www.CambridgeMuslims.info/Services/>

Cambridge Muslim Community Services



Web: [www.CambridgeMuslims.info](http://www.CambridgeMuslims.info)  
Email: [contact@CambridgeMuslims.info](mailto:contact@CambridgeMuslims.info)  
Tel: 0871 242 9696 (voice mail)  
Fax: 0871 242 9696

Cambridge Muslim Community Services



## Your Guide to Islamic Services in Cambridge

- Islamic School
- Study Circles
- Youth Groups
- Health and Fitness
- Social

[www.CambridgeMuslims.info](http://www.CambridgeMuslims.info)

## ► Islamic Services For You and Your Family

We have compiled a short list of essential services that every Muslim in Cambridge should be aware of. For a full list visit our website at <http://www.CambridgeMuslims.info>

### ► Mother & Toddler Group

The Mother, Baby & Toddler Group takes place every 2-3 weeks on a Friday from 10.00am-12.00pm at the Ross Street Community Centre. If you are interested please email [Baby@CambridgeMuslims.info](mailto:Baby@CambridgeMuslims.info)



### ► Saturday Islamic School

The Abu Bakr Saturday Islamic School's aim is to provide sound Islamic Education to children aged between 4 and 11 years old, and to help them develop an Islamic identity and sense of belonging to the Muslim Community. This is done with a caring environment, which encourages and practices Islamic Values and Manners. In order to achieve this aim, all activities are inspired from the Qur'an and the Sunnah of our blessed Prophet Muhammad (S). Each Saturday, 10.00am—1.30pm at the Grove School, Campkin Road, Cambridge. Email: [School@CambridgeMuslims.info](mailto:School@CambridgeMuslims.info)



### ► Boys Youth Group

The Boys Youth Group is an exciting and adventurous group for boys aged 11-18. They will learn more about each other and Islam, whilst enjoying sporting and creative activities. They meet every Sunday, 10.30am—1.30pm at St. Luke's Barn. Email: [BoysGroup@CambridgeMuslims.info](mailto:BoysGroup@CambridgeMuslims.info)

### ► Girls Youth Group

Al-Noor Girls Group meets each Sunday from 1.30pm—4.00pm at Romsey Mill. It aims to provide a safe, Islamic framework for girls aged 11 plus to come together and learn more about each other and Islam, whilst enjoying sporting and creative activities. Email [girls@CambridgeMuslims.info](mailto:girls@CambridgeMuslims.info) or visit their website at [www.freewebs.com/girls\\_group/](http://www.freewebs.com/girls_group/)



Creative ideas for Muslim Kids!

### ► Brothers Islamic Study Circle

The Brothers Friday Islamic Study Circle has been running for over 15 years and takes place every Friday evening at the Abu Bakr Siddiq Mosque, Mawson Rd. The circle is ideally suited for teens and adults. The study circle is composed of two or three short talks followed by a discussion with questions and answers. All Welcome. Email: [FridayCircle@CambridgeMuslims.info](mailto:FridayCircle@CambridgeMuslims.info)



### ► Ladies Islamic Study Circle

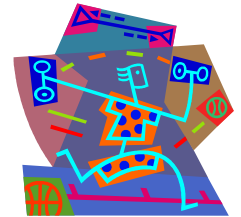
The Tuesday Ladies Islamic Study Circle is open to non-Muslims and Muslim ladies who have an interest in learning about Islam. The group meets at Coleridge Community College Tuesdays at 8.00pm to 10.00pm. Email: [LadiesCircle@CambridgeMuslims.info](mailto:LadiesCircle@CambridgeMuslims.info)

### ► Muslim Women's Slimming Support

This is a support group for Muslim women in Cambridge who want to be healthier, fitter, and help each other achieve their goals. For more info see: <http://groups.yahoo.com/group/camslim/>

### ► Ladies Fitness Classes

Weekly classes run at Ross St Community Centre from 5.45pm to 6.45pm each Thursday. No children under 11 years please and definitely no boys! Please bring a towel, a bottle of water and running shoes. Cost just £1 per session. Email: [LadiesFitness@CambridgeMuslims.info](mailto:LadiesFitness@CambridgeMuslims.info)



### ► Swimming for Ladies and Girls

At the Leys School every Saturday between 7.00pm—8.00pm. Email: [Swimming@CambridgeMuslims.info](mailto:Swimming@CambridgeMuslims.info)



Subscribe to our **FREE E-MAIL NEWSLETTER** and receive the latest news and information about local community events. Visit <http://www.CambridgeMuslims.info/join.htm>